



V. V. Institute of Pharmaceutical Sciences

Seshadri Rao Knowledge Village, Gudlavaluru-521356.

Name of the Program: "TIME MANAGEMENT"

Date of the Program: 27-03-2023

Name of the Resource Person: Sri. N. Satish



V. V. Institute of Pharmaceutical Sciences organized a program on “**Time Management**” by Sri. N. Satish, Senior Pharmacist, Narasaraopeta, to teach students about time management in their daily curriculum which helps in their education work and simultaneously in their future. Time in any organization is constant and irreversible nothing can be substituted for time.

The speech was delivered by Dr. A. Lakshmana Rao sir about being punctual in their daily activities and the importance of maintenance of the work and he also gave a word on effective time management leads to effective leadership qualities

Pharmacists have numerous demands on their limited time. Time management is a factor that affects a pharmacist’s performance and productivity in the work area. Time management would help in eradicating unwanted stress, lack of professionalism and work and life imbalance and would help in enhancing high -quality work in a given period of time with less effort and above all enhances decision-making ability.

So, the overall program was successful and students found it very useful for the development in the perspective and development of their career in upcoming sessions of life. So, maintaining time in their time schedules.